

Words from the Wise

When we get lost in our lives and begin to have tunnel vision in the mundane, sometimes it is a good idea to look back. It is our forefathers that are able to share their wisdom from many years and of many years ago. They push forth this knowledge in great hopes that we may take this valuable information and learn further, creating a future that is better than the past. The issues don't differ. Our great grandparents wanted the same things that we do today, happiness, love, success and health. It is merely the circumstances that have changed.

"We never know how far reaching something we may think, say, or do today will effect the lives of millions tomorrow."

B.J. Palmer D.C., PhC.
Founder of Chiropractic

And yet still we hold back! Each of us can be the great person we want to be for others, just find a purpose. Realize how much you can help others just by not being afraid to do so. It is okay to be rejected, at least you tried!

"Great spirits have always experienced violent opposition from mediocre minds."

Albert Einstein

If you knew in advance that everyone would reject you, but you would succeed later, what would you do? Sometimes greatness is a lonely path. Just think of the bigger picture, the long term, rather than today!

"Your greatest risk is to underestimate your potential."

Burleigh Cook

Your potential in spirit and body are linked closely. If you do not rise to your goals or are not true in your word, your body feels

this defeat. It is of the greatest importance to realize this connection and maintain health in both aspects.

"People are whole – a package of the problem and the solution. There is nothing we can do about it, we are not in charge!"

Dale Lotter, D.C.

"Each patient carries his own doctor inside him. We are at our best when we give the doctor who resides within each patient a chance to work."

Albert Schweitzer, M.D.

"The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease."

Thomas Edison

"If all the medicine in the world were thrown into the sea, it would be bad for the fish and good for humanity."

O.W. Holmes, M.D.

Professor of Medicine, Harvard University

"The power that made the body, heals the body, it happens no other way."

B.J. Palmer, D.C.

"Whether or not you believe it, doesn't make it any less true."

Damon J. Popovics, D.C.

So remember to give your body a chance to heal itself that is the way it was designed. It was a far greater intelligence that made the human body. Do you have faith in the arrogance that believes something was left out? If you see someone who needs help, tell them the truth that you know about the body. Give them the chance to rise to their potential. That is the right thing to do.