

What is health?

From where did it come?

How does it begin?

Well, the body that God gave us is a self-maintaining, self-healing miracle that was created whole. Each part of us has a vital function, a purpose that no one yet has completely understood. It is not how we feel, it IS how we are healing inside (and we heal on God's time, not ours) – True Health being the Optimal Function of ALL our parts! WE, as thinking beings, just have to get out of the way and allow the body to be as healthy as it was created to be.

Here, we do not work with the body, we work with the power that made it, and the communication system it uses to heal you from above in the brain, down the spinal cord, and from the inside out! Because the healthier we are, the happier we are, and the closer we are to what we were meant to be. We only want the best for you and your family.

This is why we ask you to allow us not only to help you, but also to help those that surround you.

Our vision for this community is not just that we wish to have everyone here, it is for us all to be so healthy and happy that the emergency room at Yavapai Regional Medical Center is only used for what it was meant: Emergencies (legs or arms being re-attached, broken limbs being casted, wounds being sewn up, and then allowed to heal on its own)!

But in this vision, if we were all functioning at 100%, there would not be heart attacks, cancer, ulcers, or liver damage.

We only want the best for you!

Love, XXX