

ASPARTAME?

Aspartame (aka: Nutrasweet®) is the common denominator for over 92 different health symptoms at the root of modern disease.

Adverse reactions and side effects of aspartame include:

Eye

blindness in one or both eyes
decreased vision and/or other eye problems such as: blurring, bright flashes, squiggly lines, tunnel vision, decreased night vision
pain in one or both eyes
decreased tears
trouble with contact lenses
bulging eyes

Ear

tinnitus - ringing or buzzing sound
severe intolerance of noise
marked hearing impairment

Neurologic

epileptic seizures
headaches, migraines and some severe
dizziness, unsteadiness, both
confusion, memory loss, both
severe drowsiness and
sleepiness
paresthesia or numbness of the limbs
severe slurring of speech
severe hyperactivity and
restless legs
atypical facial pain
severe tremors

Psychological/Psychiatric

severe depression
irritability
aggression

anxiety

personality changes

insomnia

phobias

Chest

palpitations, tachycardia
shortness of breath
recent high blood pressure

Gastrointestinal

nausea

diarrhea, sometimes with

blood in stools

abdominal pain

pain when swallowing

Skin and Allergies

itching without a rash

lip and mouth reactions

hives

aggravated respiratory

allergies such as asthma

Endocrine and Metabolic

loss of control of diabetes

menstrual changes

marked thinning or loss of

hair

marked weight loss

gradual weight gain

aggravated low blood

sugar (hypoglycemia)

severe PMS

Other

frequency of voiding and

burning during urination

excessive thirst, fluid retention, leg

swelling, and bloating

increased susceptibility to infection

Additional Symptoms of Aspartame Toxicity include the most critical symptoms of all:

death

irreversible brain damage

birth defects, including mental

retardation

peptic ulcers

aspartame addiction and increased

craving for sweets

hyperactivity in children

severe depression

aggressive behavior

suicidal tendencies

Aspartame may trigger, mimic, or cause the following illnesses:

Chronic Fatigue Syndrome

Epstein-Barr

Post-Polio Syndrome

Lyme Disease

Grave's Disease

Meniere's Disease

Alzheimer's Disease

ALS

Epilepsy

Multiple Sclerosis (MS)

EMS

Hypothyroidism

Mercury sensitivity from Amalgam

fillings

Fibromyalgia

Lupus

non-Hodgkins Lymphoma

Attention Deficit Disorder (ADD)

Why would anyone voluntarily put this in his/her body? Remember, lead paint tastes sweet too! Even that has less side effects than Aspartame!

**This Filer was created and distributed by:
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